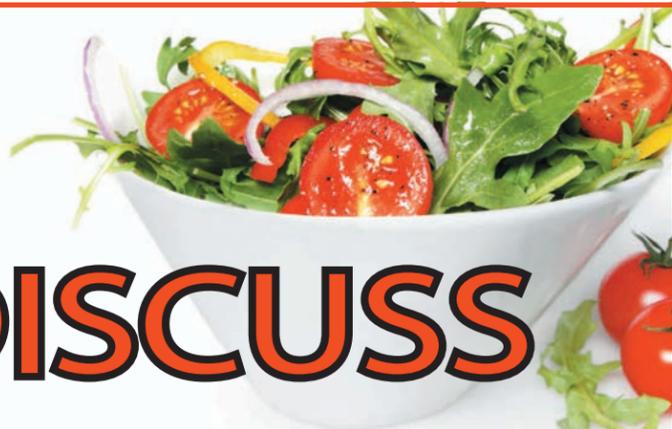


Nesting boxes

The Seneca Falls Chapter Ducks Unlimited recently held its third annual wood duck nesting box build at Kuneytown Sportsmens Club and it was the most well attended duck nesting box build to date. Along with the Ducks Unlimited Greenwings, members of Boy Scout Troop 75 and members of the local 4H group attended. Scouts were able to earn one or two badges – wood-working and conservation based on their participation level in the project. This was the largest build ever for the group. 13 boys and girls ranging in age from eight to 16 years old along with their moms and dads or guardians attended the event. The youth built a total of 14 nesting boxes and six were placed within the 1,100 acre Seneca Meadows Wetlands Preserve. “The Seneca Meadows Wetlands is an ideal spot to install these nesting boxes, and the landfill has been completely supportive of our conservation efforts,” offered Area Chairman Mike Ernst. “Mark [Benjamin] and Ben [Zimmerman] go to great lengths to make sure we have the support we need.” The annual partnership between Seneca Falls Ducks Unlimited and Seneca Meadows was established to promote environmental conservation with area youth organizations. Ducks Unlimited approached the landfill on ideas to engage youth activities outdoors, and to utilize this approach to address environmental conservation needs for future generations. “Seneca Meadows has a proven track record of protecting the environment for our future generations, and this youth project helps carry these ideals into the future,” added Ernst. Those interested in joining Ducks Unlimited should contact area chairman Ernst at (315) 568-6710.



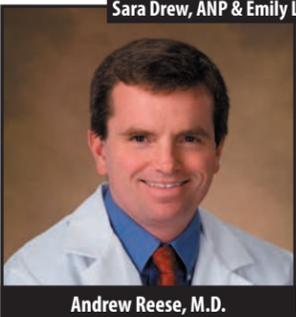
DINE & DISCUSS

Spring 2014 Lecture Series



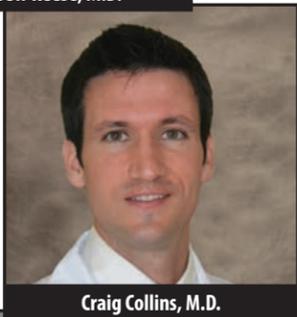
Love the Skin You're In
Tuesday, May 27, 6 p.m.
Emily Lambert, M.D.
Dermatologist
Sara Drew, ANP
Adult Nurse Practitioner

Come learn about the new laser services offered at Geneva General Dermatology. These low and no-downtime cosmetic procedures will help you look as good as you feel. The new Sciton Profile™ laser system offers aesthetic treatment options including high speed hair removal, a minimally invasive weekend peel, deep skin resurfacing, removal of wrinkles, treatment of spider veins and more—leaving you with smoother, younger looking skin.
Ramada Inn – Geneva Lakefront, Geneva



Growing Healthy Families
Wednesday, June 4, 6 p.m.
Andrew Reese, M.D.
Family Medicine Physician

Dr. Reese will address overweight and obesity concerns facing all of us and, how through lifestyle management and healthy choices, your entire family can overcome these issues and live healthier lives.
Holiday Inn, Waterloo/ Seneca Falls

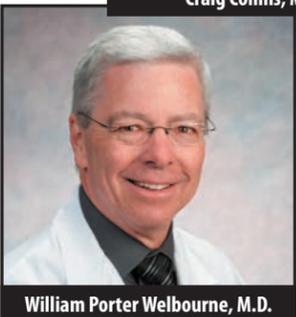


Why Should I See a General Surgeon?
Tuesday, June 10, 6 p.m.
Craig Collins, M.D.
General & Colorectal Surgeon

Dr. Collins will give an overview of what procedures are offered by the team at Geneva General Surgical Associates. Attendees will have the opportunity to meet Dr. Collins—one of three surgeons with the practice, and learn reasons why they should see a general surgeon.
Belhurst Castle, Geneva

Our Community Working to Keep You in Your Home
Thursday, June 12, 6 p.m.
William Porter Welbourne, M.D.
Internal Medicine Physician

Dr. Welbourne will discuss the many resources and technologies available to help keep elderly family members in their homes as long as possible.
Ramada Inn – Geneva Lakefront, Geneva



Reserve your seat today by registering and paying online at www.flhealth.org/events or calling (315) 787-4636 or (315) 531-2053.

Dine & Discuss programs include a full meal and discussion for \$10/person. Reservations and payment are required a minimum of **three business days** prior to the event.